

ARTISTS ON TOUR STUDY GUIDE



PATSY MEYER MUSICAL ADVENTURES -

Preschool and Kindergarten Music Adventure

A Note from the Artist

Dear Educators,

I am a certified early child development teacher specializing in music education for Preschool and Kindergarten classes, along with being a trained Music Together teacher. My passion and goal is to bring the many documented benefits of engagement in music (increased cognitive skills, active listening, self-expression, motor skills, to name a few), to young children. Also, to support their growth and development through fun, uplifting musical experiences filled with joy and laughter. I am happy to tie in subject matter you are currently learning in my lesson plan or celebrate a holiday!

Please see the email below from the education coordinator for Head Start Preschools. I would love to bring music to your preschool or kindergarten classroom this year!

Sincerely and Musically Yours,

Patsy Meyer

PS. Workshops offered during school or for After School Enrichment

Patsy's Preschool Promo link <https://youtu.be/VbVLQ7XTW-o>

*Email below from Preschool Head Start Education Coordinator after my visits in 2023.

"Patsy,

Thank you so much for visiting our programs this year! You absolutely knocked everyone's socks off! Every single person who visited your program told me how amazing it was and how wonderful you were with the children. I am so grateful for your flexibility, positivity, and energy. I look forward to working with you next program year.

Have a great summer!

Christine Fields"

Education Coordinator

Hamilton County Head Start Program



Artist Bio

Patsy Meyer is currently an “Artist on Tour” for the Cincinnati Arts Association providing a wide variety of exciting Music Adventures. Her goal is to bring the physical, cognitive, social and emotional benefits of music to children.

Previously, as a Teaching Artist for the Los Angeles Pacific Arts Center, she developed curriculum and taught music education in many LA schools. In 2009 she co-founded New Life Rhythms to provide opportunities for creativity, community, and wellness for all ages using a drum circle format.

Meyer is an Emmy nominated singer/songwriter, percussionist, recording artist, HealthRhythms trained drum circle facilitator, and music educator. She has three Emmy nominations in the Best Original Song category and has co-written more than 80 original songs for television. As vocalist/percussionist, she’s toured with Grammy winners Patti Austin, Peabo Bryson, Jeff Lorber and Norman Brown in major venues around the country including the Hollywood Bowl.

She currently appears as vocalist/percussionist in various Cincinnati area venues and shows and as guest percussionist for Virtuosos de Cámara chamber ensemble. Her original music is available online via Apple music, Spotify, YouTube, etc. For more info/performance dates: patsymeyer.com

Ms. Patsy's MUSIC ADVENTURE CLASSES have been taught in the following schools:

Preschools and Kindergarten Classes in Cincinnati Area

Assumption Church Preschool

Lockland Elementary Head Start Preschool

Bond Hill Academy

Loveland Elementary Head Start Preschool

Boone County Library

Mercer Elementary Head Start Preschool

Boys and Girls Club N. KY

Music House

Carson Elementary School

Necco of Cincinnati

Delshire Head Start Preschool

Norwood View Head Start Preschool

Glendale Elementary Head Start Preschool

Oakdale Elementary Head Start Preschool

Hayes-Porter Elementary School

Rees E Price Academy

Holmes Head Start Preschool

Sharpsburg Elementary Head Start Preschool

Houston Early Learning Center

Southwest Early Childhood Center

Kemper Heights Head Start Preschool

St. Paul Head Start Preschool

Expo Drum Circle Lincoln Heights Head Start Preschool

Taft Elementary School

Little Arrow's Childcare

Symmes Elementary Head Start Preschool

Woodlawn Elementary Head Start Preschool

Ms. Patsy's MUSIC ADVENTURE CLASSES have been taught in the following schools:

Preschools and Kindergarten Classes in the Los Angeles, California Area

Child Development Center, LA Valley College

Bel Aire Preschool

Briarwood Preschool

Cedarcreek Preschool and Kindergarten

Canyon Country Kindergarten

Christian Nursery School

Church of the Valley Preschool

Foster Elementary Preschool & Kindergarten

Helmer's Preschool and Kindergarten

James Foster Preschool and Kindergarten

Mitchell Community School

Mountainview Kindergarten & Special Ed

Northlake Hills Kindergarten

North Park Elementary Kindergarten

Pacific Arts Center Family Night

Plum Canyon Elementary Kindergarten

Pretend City Museum – Drum Circle

Rio Vista Preschool & Kindergarten

Remo Recreational Music Center

Rosedale Kindergarten

Santa Clarita Preschool and Kindergarten

Music Supports Growth

Music supports language development through:

1. Spoken/sung language– Rhymes, Chants, Inflection, vocabulary
2. Active listening –Echo Sounds & rhythms, Melody recognition
3. Creativity - Songwriting/lyric ideas, communication skills

Music supports cognitive growth through:

1. Numerical literacy activities – Counting songs, supports math
2. Brain function - Music uses both brain hemispheres simultaneously, Sound creates more neural pathways, enhanced melody recognition
3. Core cognitive activities – Music promotes inhibitory control (stopping/starting w/ instruments/voices/movement, ex. freeze dance), promotes sorting, sequencing, and mind/body connections
4. Problem solving - Creating sound from instruments, creating new lyric ideas for melodies/songs, rhythm games, use/return cycle

Music supports social/emotional growth through:

1. Self-expression – Singing, playing, puppets, creative movement, self-confidence, musical preferences, cultural connections
2. Group process – Singing/playing with others, sharing instruments, leadership opportunities, participation in fun play activity

Music supports physical development through:

1. Spatial Awareness & Motor Skills – Rhythm patterns, sequenced sounds, finger plays, playing instruments, dancing, marching, creative movement sequencing L or R, songs with movements

Patsy Meyer is a professional singer/songwriter, percussionist, drum circle facilitator, registered Music Together teacher, and preschool/elementary music specialist with an early childhood teaching credential. In addition to touring with Patti Austin, Norman Brown, Peabo Bryson, among others, she's mentored young musicians through music camps, school programs, and music enrichment classes across the country. She provides Artz Smartz Music Classes and Musical Parties for children.

For more info: Patsy 818-398-8982 or patsy@patsymeyer.com