

Decorate with Fruit: A Triptych

A reference to the 1950s Chiquita cookbook.

Jacobo Arbenz (Decorate With Fruit)

1. <https://ufcguatemala.voices.wooster.edu>
2. <https://nsarchive2.gwu.edu/NSAEBB/NSAEBB4/>
3. <https://scholarblogs.emory.edu/hringuate/us-involvement-in-the-national-conflict/>

Campesino (New Color)

1. <https://ticotimes.net/2014/04/22/guatemalan-banana-bosses-deny-theyre-exploiting-campesinos>

Proper ladies eating phallic fruits (New Style)

1. <https://www.theverge.com/2017/3/25/15039380/banana-ripeness-stage-color-eating-history>
2. https://www.cracked.com/article_37090_5-fruits-that-set-off-mass-panic.html

There Will Be Bananas (Podcast)

<https://open.spotify.com/episode/26YrkbcKPB7ui6pkHSZVxV>

Under The Shadow (You-Tube Podcast)

<https://youtu.be/u41oCUPFZUs?si=FuUwkWedlbqrpvlU>